

Weekly MEAL PLAN

					FROM: /	TO: /
	BREAKFAST	LUNCH	DINNER	SNACKS	SHOPPING LIST	
MON					<input type="checkbox"/>
TUE					<input type="checkbox"/>
WED					<input type="checkbox"/>
THU					<input type="checkbox"/>
FRI					<input type="checkbox"/>
SAT					<input type="checkbox"/>
SUN					<input type="checkbox"/>